



**Nancy Nowak**  
**WS19 One Day Workshop**  
**“Dance with Underpainting”**  
**Saturday, June 15**

**NOTE FOR ALL IAPS WORKSHOPS:** *You must bring your own portable easel, and a board to support your paper. The room will be set with chairs which can be moved around to suit your preference. You can stand at an easel and use the table for your supplies, or you can bring a table easel and sit to work. Rubbing Alcohol will be provided for the students' use.***IMPORTANT:***Please bring a plastic or cloth sheet to place under your easel, or table, to protect the hotel's carpet.*

***Nancy Nowak's SUGGESTED MATERIALS LIST:***

Soft Pastels a mixture of hard and soft pastels, the more the better (Schmincke, Unison, Blue Earth, Sennelier, Great American, Terry Ludwig, Richeson, NuPastel, Cretacolor etc. are my favorite)

Sanded Paper: Sanded Paper: 4 sheets of 9 x 12 UART 400 mounted on acid free foam core, You can also use LUX white 8 x 10 or 11 x 14 if you prefer. Have a couple of extra sheets for experimentation. We will be doing a variety of wet under-paintings (alcohol wash, watercolors, oils, inks etc.) Some other types of sanded papers are not conducive for this particular workshop (for example: La Carter, Pastel Mat or any colored papers).

Backboard: piece of foam core

Reference Photos of landscapes: Have a bunch to choose from. If you have an iPad or laptop, please bring with your photos uploaded. Also have printed (paper) photos off of your computer. It should be printed large (at least 8x10)

small sketch pad and pen to take notes  
pencil – kneaded eraser  
masking tape

Watercolor set or palette of assorted watercolors. (can be an inexpensive set - or at least a tube of a red, yellow, and blue with a pallet to mix)

Water container for watercolors

paint brushes (stiff oil painting brush 1/2 “ or 3/4 “ flat) for alcohol underpainting

I like to use a Princeton Snap flat brush #6 for watercolor underpainting along with a fan brush. I like to have an assortment of inexpensive brushes.

Viva Paper towels

hand wipes (optional)

latex gloves (optional)

Easel

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